



Conquer Laundry

Stave Off Static: Since fabric softener and dryer sheets can strip towels of their absorbency, add $\frac{1}{4}$ cup white vinegar to the rinse cycle or throw two (new, clean) tennis balls in your dryer to get rid of static electricity, soften fabrics and eliminate the need for dryer sheets.

Switch on the Cold: Most everything can be washed in cold water (better for your bills and the environment). But use the hottest water possible for sheets, towels and underwear. Take special care with undergarments, putting them in the dryer as soon as possible to stop bacteria growth while they sit damp in the washer.

Excerpted From <http://www.womansday.com/home/organizing-cleaning/tips/a3402/30-quick-easy-cleaning-tips-37860/>